

## UV(Sun)Protection Policy

### Policy Statement

All children, employees and visitors have a right to feel safe at all times. The safety and protection of our children is actively promoted in each service and children are encouraged to learn about UV protection to provide them with skills for life. All staff and children required to be outside when the UV level is above 3 are required to wear protective clothing, including hat and sun-cream on all exposed skin surfaces to reduce the harmful effects of ultra violet radiation from the sun.

### Policy Considerations

- Cancer Council ACT's National SunSmart School Program

### Procedure

- Sun protection is required when the UV index is 3 or above.
- Staff will be required, and visitors will be encouraged to model sun safe practices when spending time outdoors when UV levels reach 3 and above.
- All staff will wear the following when spending time outdoors when UV levels are 3 and above:
  - A suitable hat
  - Sun safe clothing that covers as much skin as possible
  - Sunscreen
  - And are encouraged to wear sunglasses which meet the Australian Standard 1067
- Children will wear hats and sun safe clothing for all outdoor experiences between August and May. Parents are requested to provide a hat which gives protection to the child's face, neck, head, ears and the crown of the head. Sun safe clothing includes shirts, dresses with collars or high necks, pants and long shorts or skirts in closely woven fabric. The back and stomach are to be covered.
- Staff will direct children to wear hats for outdoor play. Children who do not have a hat must play in a sheltered area or remain inside if shade is not available. Staff are to enforce the 'no hat play under the shade' rule.
- Children will not share hats. Children's hats will not be stored in the same container. Where the Service's spare hats are used they are to be used only by one child. All spare hats will be washed before use by anyone else.
- Maximum protection sunscreen lotion (An SPF 30+ to 50+, broad spectrum, water resistant) will be made available in the Service and applied to children when exposed to the sun. Sunscreen is applied 15-20 minutes before outdoor activities when UV levels are forecast to reach 3 and above. Sunscreen is reapplied after 2 hours- more often if washed or wiped off.
- Parents are encouraged to apply sunscreen to their child prior to attending the Service and reminded to supply a suitable hat.
- Where children have allergies or sensitivity to the sunscreen, parents will be asked to provide an alternative sunscreen. If no sunscreen is provided the child will be encouraged to play in the sheltered areas.
- The sun protection message is reinforced throughout the program (i.e. website, newsletters, enrolment etc.)
- In Canberra, direct exposure to the sun should be minimised between 11am and 3pm during day light saving/summer time)
- Outdoor activities will be held in shaded areas whenever possible.

Reviewed on:	05/06/2020	Approved on:	10/06/2020
Reviewed by:	Sarah Maple	Approved by:	Courtney Tanner

# Kids Biz Holidays & Sports

## OSHC Policies & Procedures

- Our spaces have adequate shade or plans are in place to improve shade provision.
- The Service will incorporate sun and skin protection awareness activities in the program and provide notices and posters about the topic.
- All sun protection practices will be maintained while on all excursions. While it is not always practicable to reduce time outdoors during the middle of the day in Summer, every attempt will be made to make shaded areas available on excursions and apply sun protection practices when UV levels are 3 and above.
- All staff will endeavour to complete Cancer Council's free Generation SunSmart PL.
- Staff are encouraged to download the SunSmart App to assist them with daily sun protection times in Canberra.

### Document Version Control

Version Date	Changes
05/12/2018	Full review
27/08/2019	Document version history added
05/06/2020	Full review following feedback & review by the ACT Cancer Council (David Wild)

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